



Dear Bergen County Technical School Athletes and Families:

We are excited to announce that we are now offering the convenience of online sports registration for our sports programs through FormReleaf. FormReleaf is a secure registration platform that provides you with an easy, user-friendly way to register for our programs and helps us to be more administratively efficient.

Winter Online Sports Registration will open October 1, 2018 and close on October 31, Please check your emails and [bergen.org](http://bergen.org) for updates.

*Be sure the school nurse has the student-athlete's current physical on file (Physicals are good for 365 days) and you have the following information handy:*

1. Student I.D. number, it's the 7-digit number located on PowerSchool and begins with the Grad Year
2. Doctor Information and last PE Exam Date
3. Health Insurance Information

**BEGIN YOUR ONLINE REGISTRATION using this link to FormReleaf:**

<https://www.formreleaf.com/organizations/bergen-county-technical-schools>

1. Signup for your FormReleaf account by entering your name, e-mail address and password.
2. Fill out the required information for your registration form. You will receive confirmation from FormReleaf once completed.
3. If you need help you can call FormReleaf support at **(844) 367-6735**.

\*\*\* At any time you can log back into FormReleaf.com to update your information for the programs which you are registered in "Registration History."

**Physical Forms must be submitted to the nurse no later than OCTOBER 31**

We, at Bergen County Technical Schools, are excited about this program and hope that you will enjoy the ease of registering your students for high school sports. Go Knights!

William Muller  
Supervisor of Athletics

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**WINTER SPORTS REGISTRATION OPENS OCTOBER 1 AND WILL CLOSE ON OCTOBER 31**

<https://app.formreleaf.com/organizations/bergen-county-technical-schools/programs/20182019-winter-sports-registration>

**SPORTS PHYSICALS AND HEALTH HISTORY UPDATE FORMS MUST BE FILED WITH THE SCHOOL NURSE **NO LATER THAN OCTOBER 31.****

<https://bergencountytechnicalhighschool.bigteams.com/main/otherad/contentID/46320470>

PLEASE CHECK WITH THE SCHOOL NURSE IF YOU HAVE A CURRENT PHYSICAL ON FILE.

**⚠️ IMPORTANT! NO ONE WILL BE PERMITTED TO TRYOUT/PARTICIPATE WITHOUT A CURRENT PHYSICAL AND HEALTH HISTORY FORM ON FILE WITH THE SCHOOL NURSE **BY OCTOBER 31****

## **WINTER SPORTS INTEREST MEETINGS**

*SPORTS BUSES ARE AVAILABLE FROM EACH CAMPUS TO THE HACKENSACK CAMPUS.*

*PLEASE ARRANGE A RIDE HOME OR LATE BUSES WILL BE AVAILABLE AT 6:30 TO SENDING DISTRICTS.  
PLEASE CONTACT COACHES FOR ADDITIONAL INFORMATION.*

### **BOWLING INTEREST MEETING:**

**MONDAY, OCTOBER 1 - 4:15 PM – HACKENSACK CAMPUS – RM 21**

COACH KUIPERS: [HanKui@bergen.org](mailto:HanKui@bergen.org)

### **GIRLS BASKETBALL INTEREST MEETING:**

**WEDNESDAY, OCTOBER 3 – 4:15 – HACKENSACK CAMPUS – ROOM 21**

COACH HORAN: [JesHor@bergen.org](mailto:JesHor@bergen.org)

### **COMP CHEER**

**Monday, October 8 – 4:30 HACKENSACK CAMPUS - GYM**

Coach Luna, Coach Perrucci [BTCheerComp@bergen.org](mailto:BTCheerComp@bergen.org)

### **WINTER/INDOOR TRACK INTEREST MEETING:**

**TUESDAY, OCTOBER 9 – 4:15 PM – HACKENSACK CAMPUS – LOWER HALLWAY (NEAR FITNESS CENTER)**

HEAD COACH: [shawnha1978@yahoo.com](mailto:shawnha1978@yahoo.com)

COACH SCANNELLA: [AntSca@bergen.org](mailto:AntSca@bergen.org)

### **FENCING INTEREST MEETING:**

**THURSDAY, OCTOBER 11 – 4:15 HACKENSACK CAMPUS – ROOM 21**

COACH VAN BOECKEL: [EriVan@bergen.org](mailto:EriVan@bergen.org)

### **BOYS BASKETBALL**

**THURSDAY, OCTOBER 4 4:15 – HACKENSACK CAMPUS – ROOM 21**

PLEASE CONTACT COACH FOR MORE INFORMATION

COACH MONGELLI: [MicMong@bergen.org](mailto:MicMong@bergen.org)

## **TRYOUT DATES:**

**BOWLING: November 13, 14, 15, 20 - Bowler City 3:30 - 6:00**

**FENCING: November 26, 27, 28 – Hackensack Campus – Gym 3:45**

**BOYS BASKETBALL November 19, 20, and 21 – Teterboro Campus 3:30 (11/21 Time TBD)**

**GIRLS BASKETBALL November 19, 20, and 21 – Paramus Campus 3:30 (11/21 Time TBD)**

**TRACK: November 19 – Hackensack Campus – Fitness Center 3:45**

*\*A shuttle bus at 4:15 will be provided for Hackensack Campus student-athletes until December 5th*

## **WINTER PHYSICAL DATES:**

Paramus Campus: Monday, October 8th 9:00 am

Hackensack Campus: Wednesday, October 10th 9:30 am

Teterboro Campus: Friday, October 12th 1:45 pm

*\*Please arrive 15-30 minutes earlier for the nurse's screening and with your physical form to be completed by Doctor.*

# KNIGHTS SPORTS PARENTS BOOSTER CLUB

*Supporting Bergen Tech Athletics and Keeping Its Families Informed*

**\*If your child is considering playing a sport or cheerleading this year, please send in your membership form NOW so that we can provide you with important information about the athletic program.\***

**Our goal is 100% participation by all sports families.**

## **Your membership helps us to:**

- Connect you to our athletics community via e-mail updates, our team parent program & “Planning Meetings” with coaches at the start of each season.
- Help our teams excel by providing funding for team training, tournaments, & equipment not covered by the school athletics budget.
- Promote school spirit at all three BCTS Campuses.
- Award scholarships to outstanding graduating student-athletes.

To be eligible for a Knights Booster Scholarship, student-athlete’s family must be a Booster Member.

## **SUPPORT OUR SCHOOL AND SPORTS PROGRAMS!**

**Membership Fee: Only \$30 per family & includes family admission to home games.** Please send the bottom of this form with your check made payable to “**Bergen County Technical Schools**” to the Athletic Office. 200 Hackensack Ave, Hackensack NJ 07601

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*Please print clearly.*

Student’s Name(s): \_\_\_\_\_

CAMPUS: Hackensack\_\_\_\_ Teterboro\_\_\_\_ Paramus\_\_\_\_ Applied Tech\_\_\_\_\_

Year of Graduation \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ E-mail address \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone(s): \_\_\_\_\_

\_\_\_\_ Enclosed is our \$30 Membership. \_\_\_\_ We’ve enclosed an additional donation of \_\_\_\_\_

\_\_\_\_ I’d like to be a team parent representative for my child’s team. Parent’s name: \_\_\_\_\_

# How to stay informed:



Success is led by the

power of communication



WWW.BERGEN.ORG/ATHLETICS



TWITTER [https://twitter.com/BT\\_Knights](https://twitter.com/BT_Knights)



STUDENT EMAILS *(bergen.org emails only)*



POWERSCHOOL MESSENGER *(MUST HAVE AN UPDATED FAMILY EMAIL ADDRESS IN POWERSCHOOL)*



COMMUNICATE WITH YOUR COACHES — *(BY FRESHMEN YEAR YOUR CHILD IS EXPECTED TO EFFECTIVELY COMMUNICATE INFORMATION BETWEEN COACH AND FAMILY)*