

## Travel Guidance During COVID-19

Since late May, the NJ Department of Health (“NJDOH”) has referred New Jersey residents to guidance issued by the federal Centers for Disease Control and Prevention (“CDC”) for COVID-related travel restrictions and requirements for fully vaccinated and unvaccinated travelers, rather than issuing its own guidance. The Bergen County Department of Health Services (“BCDHS”) has reviewed the changes to the state’s guidance and recommends following it.

“Fully vaccinated” means being at least two (2) weeks past your last dose of the COVID-19 vaccine you chose. If you don’t meet this requirement, you are NOT fully vaccinated, and you must keep taking all precautions until you reach "fully vaccinated" status.

### **TRAVEL (DOMESTIC)**

1. If you are **fully vaccinated** and you travel within the United States, you do not need to get tested before or after travel, or quarantine after travel, as long as you do not experience any COVID symptoms. This "fully vaccinated" exemption from COVID-related travel requirements has no time limit.
2. If you have **fully recovered from a confirmed COVID-19 infection**, you have the same exemptions from pre-travel/post-travel testing and post-travel quarantine requirements as fully vaccinated people do, but only for three months from the date you took the COVID test that returned a positive result.
3. **If you are not fully vaccinated, and you have not fully recovered** from a COVID infection that started in the last three months, you are still required to follow pre-travel/post-travel testing and post-travel quarantine requirements:
  - a. Get a viral test for COVID-19 infection 1 to 3 days before you travel;
  - b. Get another viral test 3 to 5 days after you return from your travel;
  - c. Quarantine at home:
    - i) for 7 days after you return IF you get both tests as described AND both results come back “negative”; or
    - ii) for 10 days after you return.

### **TRAVEL (INTERNATIONAL)**

1. All air passengers coming to the U.S, including U.S. citizens and fully vaccinated people, are required to have negative COVID-19 test results no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
2. If you are **fully vaccinated** you must get a viral test for COVID-19 infection 3 to 5 days after you return from your travel outside the United States. You are not required to quarantine after travel as long as you do not experience any COVID symptoms.

3. If you have **fully recovered from a confirmed COVID-19 infection** that began within the last three months, follow all requirements and recommendations for fully vaccinated travelers except you do not need to get a test 3 to 5 days after travel unless you are symptomatic.

4. **If you are not fully vaccinated, and you have not fully recovered** from a COVID infection that started in the last three months, you are required to follow the same pre-travel/post-travel testing and post-travel quarantine requirements outlined above for domestic travel by unvaccinated people.

#### **“CLOSE CONTACT” POSSIBLE EXPOSURE**

1. If you are **fully vaccinated** you do not need to quarantine after having close contact with a suspected or confirmed with COVID-19 case, as long as you do not experience any COVID symptoms. This "fully vaccinated" exemption from the asymptomatic “close contact” quarantine requirement has no time limit.

2. If you have **fully recovered from a confirmed COVID-19 infection** that began within the last three months, you do not need to quarantine after having close contact with suspected or confirmed with COVID-19 case, as long as you do not experience any COVID symptoms.