



SPRING 2018 SPORTS STARTING DATES

BASEBALL

Date: Friday, March 2nd Location: Weather Permitting: Time: 3:45 pm
Little Ferry Baseball Field or Teterboro Gym
Head Coach Doug Naccara: dounac@bergen.org

SOFTBALL

Date: Friday, March 2nd Location: Weather Permitting: Time: 3:45 pm
Little Ferry Softball Field or BCA Gym
Head Coach Frank Mele: framel@bergen.org

BOYS/GIRLS GOLF

Date: Friday, March 2nd Location: BCA, then bused to Closter Golf Time: 4:15 pm
Head Boys Coach: Keith Robertson: keirob@bergen.org
Head Girls Coach: Susan Polonsky: suspol@bergen.org

GIRLS LACROSSE

Date: Friday, March 2nd Location: BCA – ROOM 21 Time: 3:45 pm
Head Girls Coach: Ken Conlon: kencon@bergen.org

BOYS LACROSSE

Date: Friday, March 2nd Location: BCA - BOYS LOCKER RM Time: 3:45 pm
Head Boys Coach: Gene Walsh: genwal@bergen.org

BOYS TENNIS

Date: Friday, March 2nd Location: Weather Permitting: Time: 4:15 pm
Overpeck Park or BCA 2ND FLOOR CAF
Head Coach John Yselonia: johyse@bergen.org

BOYS/GIRLS TRACK & FIELD

Date: Friday, March 2nd Location: BCA Track/Fitness Center Time: 3:45pm
Head Coach: Shawn Hackett: shawnha1978@yahoo.com
Head Coach: Ken Cevoli: kencev@bergen.org

BOYS VOLLEYBALL

Date: **Monday, March 5th** Location: BCA Gym Time: 3:45pm
Head Coach: Matt Kingsley: matkin@bergen.org

Sports Buses from Teterboro and Paramus leave at 3:00pm
Late Buses leave BCA at 6:30pm
The weather will determine practice/tryout locations

Physical forms and Health History Forms must be submitted to the school nurse.

**TO PARTICIPATE IN A SPORT
THE FOLLOWING STEPS MUST BE FOLLOWED:**

- **SUBMIT A CURRENT PHYSICAL WITH YOUR SCHOOL NURSE**
<https://bcts.bergen.org/images/Athletics/Docs/2016forms/athleticphysicalsform.pdf>
- **SUBMIT A HEALTH HISTORY UPDATE QUESTIONNAIRE (THIS FORM MUST BE FILLED OUT FOR EACH SPORTS SEASON.**
<https://bcts.bergen.org/images/Athletics/Docs/HealthHistoryUpdate.pdf>
- **REGISTER ONLINE – ONLINE REGISTRATION WILL OPEN UP IN LATE JANUARY, AN EMAIL ALERT WILL BE SENT TO STUDENTS AND PARENTS/GUARDIANS.**
[*Click here to register for a Spring Sport*](#)

Please continue to check your emails for important athletic information.

IMPORTANT ATHLETIC LINKS

Link to Sports Schedule (please sign up for Alerts/Notifications):

<http://schedules.schedulestar.com/Bergen-County-Technical-School-Hackensack-NJ/day/today/>

Link to the Athletics Home Page

<https://bcts.bergen.org/index.php/athletics>



Spring Sports Awards Night: Tuesday, June 12, 2018 6:30pm, BCA Auditorium

**Good luck!!!!
Go Knights!**