Join us for a...

Screening of the Documentary
“Angst”, Raising Awareness around Anxiety

Tuesday, March 3rd, 2020: 7:00 p.m.
Bergen County Academies
200 Hackensack Avenue, Hackensack, NJ, 07601

A documentary that explores anxiety, its causes and effects, and what we can do about it. Candid interviews with real teens about anxiety, tools that help, and hope.

Post-film panel discussion with Jill Pantaleo, LCSW, Bergen County Therapy & Associates